

Villa Maria's universal prevention program					
Axis	Secondary 1	Secondary 2	Secondary 3	Secondary 4	Secondary 5
Self-knowledge	<p><b>COSP (given by school staff)</b> -My clan/ Interests (FR and EN) October 4, 5, 8, 9, 15, 16 and 17 -My assands (FR and EN) January 6, 7, 8 and 9</p>	<p><b>COSP (given by school staff)</b> -My school interests and preferences (FR and EN) September 11, 16, 17, 18, 19, 23, 24 and 25 -SEP (FR and EN) December 2, 3, 4, 5, 6 and 9 -My choice of profile (FR and EN) January 10, 14, 15, 16 and 17</p>	<p><b>COSP (given by school staff)</b> -My RIASEC profile (FR and EN) September 11, 17, 23, 24, 25, 26, 27 -The Quebec school system (FR and EN) December 5, 6, 9</p>	<p><b>COSP (given by school staff)</b> Students will receive tailored information based upon their current academic pathway in the Quebec school system and CEGEP admission requirements (FR and EN) Classroom tours and presentation to parents and students on <b>November 27</b></p>	<p><b>COSP (given by school staff)</b> -MyBluePrint and atelier d'analyse du RIASEC EN 9 au 16 novembre FR 11 au 22 novembre -Students will receive tailored information based upon their current academic pathway in the Quebec school system and CEGEP admission requirements (FR and EN) Classroom tours and presentation to parents and students on <b>November 27</b></p>
Managing emotions and stress	<p><b>Hors Piste (given by school staff)</b> Emotions (FR and EN) December 3, 4, 6, 8, 9, 10, 16 and 17</p> <p><b>La fondation Jeunes en tête</b> The basis of mental health FR January 6 and February 7 EN March 11</p>	<p><b>La fondation Jeunes en tête</b> The basis of mental health FR November 11 and 12 EN March 12</p>	<p><b>La fondation Jeunes en tête</b> In solidarity for mental health FR November 15, 18 EN January 8 and 9</p>	<p><b>Workshops and dates to come</b></p>	<p><b>Workshops and dates to come</b></p>
Adoption of pro-social behaviors	<p><b>Samuel Bricault, guess speaker</b> Turning difference into strength FR and EN September 25</p> <p><b>Geneviève Sancartier, social worker</b> Sexing and cyberbullying (FR and EN) February 17, 18, 19 et 21</p> <p><b>SPVM</b> Do you know your law? FR and EN January 28</p> <p><b>STM</b> December 3, 4, 5 10 and 11 <a href="#">Schedule</a></p>	<p><b>Samuel Bricault, guess speaker</b> Turning difference into strength FR and EN September 25</p> <p><b>Geneviève Sancartier, social worker</b> Sexing and cyberbullying (FR and EN) February 24, 25, 26 et 27</p> <p><b>SPVM</b> Do you know your law? FR and EN January 29</p> <p><b>Hors Piste (given by school staff)</b> Conflict and communication (FR and EN) October 1 to 24</p>	<p><b>SPVM</b> Sexto FR and EN March 11</p> <p><b>Ciel</b> Ateliers d'autoférence numérique FR 3 au 6 février 2025 EN upcoming dates</p> <p><b>Annie-Ève Bélisle Paquandte, lecturer and youth specialist</b> Sexing and cyberbullying (FR and EN) December 5</p>	<p><b>SPVM (in collaboration with <a href="#">Prevention CND-NDG</a>)</b> Healthy relationships and consent FR and EN December 4</p> <p><b>Ciel</b> Ateliers d'autoférence numérique FR 3 au 6 février 2025 EN upcoming dates</p> <p><b>Annie-Ève Bélisle Paquandte, lecturer and youth specialist</b> Sexing and cyberbullying (FR and EN) November 15, 18 and 26 <a href="#">Schedule</a></p>	<p><b>SPVM (with collaboration avec <a href="#">Prevention CND-NDG</a>)</b> Healthy relationships and consent FR December 9 and 10 EN December 11 <a href="#">Schedule</a></p> <p><b>Annie-Ève Bélisle Paquandte, lecturer and youth specialist</b> Sexing and cyberbullying (FR and EN) October 28, November 8 and 22 <a href="#">Schedule</a></p>
Managing social influences	<p><b>Hors Piste (given by school staff)</b> Building healthy relationships October 2, 3, 4, 8, 9, 17, 23 and 24</p>	<p><b>Hors Piste (given by school staff)</b> Social pressures (FR and EN) March 12 to 26 Did you like it? (FR and EN) February 10 to 26</p>	<p><b>Bien avec mon corps</b> T'es beau, t'es belle, puis après ? FR 17 octobre P2</p> <p><b>Ensemble pour le respect et la diversité</b> Antiracism EN December 18 FR December 19</p>	<p><b>Ensemble pour le respect et la diversité</b> Sexism and sexual harassment September 24, 25 and 26</p>	<p><b>Workshops and dates to come</b></p>
Healthy lifestyle habits	<p><b>Cumulus (given by school staff)</b> Law of Effect October 8, 16 and 22</p>	<p><b>Cumulus (ateliers donnés par des intervenant.e.s de l'école)</b> Pleasure November 19, 20, 26 and 27 <a href="#">Schedule</a></p>	<p><b>Cumulus (given by school staff)</b> Cycle of addiction March 26, April 1 and 2</p>	<p><b>Cumulus (given by school staff)</b> Aphrodite and Dionysus : drugs and sexuality March 11, 12 and 18</p>	<p><b>Cumulus (given by school staff)</b> After-prom and parties January 7, 8, 14, 15, 22 and 28</p>
Asking for help	A transversal theme in all workshops	A transversal theme in all workshops	A transversal theme in all workshops	A transversal theme in all workshops	A transversal theme in all workshops